

WABDL IronGlidators Record Breakers Benchpress & Deadlift Championships Pasco, WA · March 8th, 2008

NAME	CLASS	BENCH 1	BENCH 2	BENCH 3	BENCH 4	BENCH PLACE	DEAD 1	DEAD 2	DEAD 3	DEAD 4	DEAD PLACE
Rachel Talley	Disabled Women	66.0	77.0	82.0	88.0	1 ST					
	Teem Women	66.0	77.0	82.0	88.0	1 ST					
<i>123lbs/BW = 115</i>											
Jesse Curtis	Disabled Men						214.0	231.0	253.0	275.0	1 ST
	Teen Men	121.8	148.0	165.0		1 ST	214.0	275.0	303.0	330.5	1 ST
<i>132lbs/BW = 131</i>											
Nick Wilks	Teen Men	110.0	126.0	126.0		1 ST	265.0	286.0	303.0		1 ST
<i>165lbs/BW = 161</i>											
Billy Henry	Teen Men	165.0	181.0	195.0		1 ST	275.0	319.0	336.0	350.0	1 ST
<i>242lbs/BW = 221</i>											
Arlando Hicks	Teen Men	135.0	143.0	154.0		1 ST					
<i>259lbs/BW = 245</i>											

Summary of NWABA's Performance

10 First Place Finishes

- Team Results:**
1. Team Headquarters
 2. WSSB Lions
 3. Team Explosion
 4. **NWABA Nightmare**

14 Records:

- Set 6 *NEW* NWABA Records
- Broke 2 *NEW* NWABA Records
- Set 2 *NEW* W.A. State Records
- Set 2 *NEW* National Record
- Set 2 *NEW* "WORLD" Record

Reference Key

	= World Record
	= W.A. State Record
	= NWABA Record
	= Did not make lift
	= Did not Participate
PR	= Personal Record

*if multiple records are broken with one lift, the highest level record will be shown in the table.